

Individual Best Times (All Time)

Rebecca Dutfield - (169070) - Nottingham Leander SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:23.47	713	F	09/08/15	ASA Summer Nationals 2015	Sheffield		1
4:25.60	696		03/05/14	ASA South East Region Youth Championships	Crawley	Windsor	1
4:26.51	688	H	09/08/15	ASA Summer Nationals 2015	Sheffield		1
4:26.95	685	F	15/12/12	Hillingdon SC Level 1 Winter Open Meet	Hillingdon	Windsor	1
4:27.84	678	F	15/11/14	Aquae Sulis Grand Prix	Bristol	Windsor	1
4:28.18	676		26/05/12	British Gas South East Region AG Champs	Crawley	Windsor	1
4:28.18	676	H	13/01/13	City of Derby 12th Long Course Open Meet	Sheffield	Windsor	1
4:28.35	674	H	05/04/15	Beckenham Easter International Open 2015	Crystal Palace		1
4:28.91	670		26/01/13	ASA Southern Region Zonal Competition	Crawley	Windsor	1
4:29.20	668	H	04/05/15	London Region Summer Championships	Crystal Palace		1
4:29.22	668	F	10/01/15	Portsmouth Northsea January L1 Meet	Portsmouth	Windsor	1
4:29.26	668	H	03/08/13	BG ASA National Youth Championships	Sheffield	Windsor	1
4:29.37	667	H	08/02/14	Derventio Excel February Festival	Sheffield	Windsor	1
4:29.86	663		26/01/13	ASA Southern Region Zonal Competition	Crawley	Windsor	1
4:29.98	662	H	18/07/12	BG ASA National Youth Championships 2012	Sheffield	Windsor	1
4:30.01	662	F	17/05/15	MCASA Long Course Open Meet	Luton	Ealing	1
4:31.86	649	F	11/01/14	Portsmouth Northsea New Year Open Meet	Portsmouth	Windsor	1
4:31.97	648	H	31/01/15	London Swimming South Region Zonal Meet 2015	London Aquatic Cent		1
4:32.81	642	H	05/04/14	Scottish Gas National Open Championships	Glasgow	Windsor	1
4:33.03	640	F	30/03/13	Portsmouth Northsea Easter Festival 2013	Portsmouth	Windsor	1
4:33.92	634	F	20/11/11	Crawley Not So Early Bird Meet	Crawley	Windsor	1
4:34.36	631		05/05/12	British Gas South East Youth Championship	Crawley	Windsor	1
4:34.74	628	F	16/11/13	City of Cardiff Capital Open Meet	Cardiff	Windsor	1
4:34.75	628	F	07/04/12	Portsmouth Northsea Easter Festival	Portsmouth	Windsor	1
4:34.85	628		04/12/11	South East Region Open & Junior Champs	Aldershot	Windsor	1
4:34.91	627		28/05/11	BG South East Region Age Group Championshi	Crawley	Windsor	1
4:35.15	626	H	18/05/12	Nottingham Spring Meet 2012	Cardiff	Windsor	1

4:33.13	620	H	10/03/13	Northampton Spring Meet 2013	Corby	Windsor	1
4:35.48	623	C	05/04/14	Scottish Gas National Open Championships	Glasgow	Windsor	1
4:35.69	622	H	10/08/14	BG ASA Youth & MC Championships 2014	Sheffield		1
4:36.61	616		04/05/13	BG South East Region Youth Champs	Crawley	Windsor	1
4:36.96	613	F	17/11/12	Welsh Capital Open Meet 2012	Cardiff	Windsor	1
4:37.78	608	H	15/01/12	City of Derby 11th Long Course Open Meet	Sheffield	Windsor	1
4:38.03	606	H	04/02/12	North Portugal SA Open Meet	Povoa de Varzim	Windsor	1
4:42.59	577	H	15/01/11	Chester Le Street Burns Open Meet	Sheffield	Windsor	1
4:48.38	543		29/05/10	BG South East Region Age Groups	Crawley	Windsor	1
4:49.63	536	H	05/12/10	Northampton Winter Fest	Corby	Windsor	1
4:56.31	501		13/02/10	Wycombe District Annual Meet	High Wycombe	Windsor	1
4:57.25	496	H	08/04/10	17th Easter International	Gzira, Malta	Windsor	1
5:00.75	479		06/12/09	Northampton Winter Meet	Corby	Windsor	1
5:11.62	430		30/05/09	South East Region Champs	Crawley	Windsor	1

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