

Individual Best Times (All Time)

Theodore Malik - (1682074) - Lancing College Swimming Club - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:17.42	192	F	15/06/24	Crawley Summer Splash L3 Gala 2024	Crawley		3
3:37.36	144	F	02/12/23	Portsmouth NSC Christmas LC Last Chance Qualifier	Mountbatten Centre		3
3:43.93	131	F	10/02/24	Sussex County ASA County Championships	Crawley		1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:17.42	192	F	15/06/24	Crawley Summer Splash L3 Gala 2024	Crawley		3
3:43.93	131	F	10/02/24	Sussex County ASA County Championships	Crawley		1
3:37.36	144	F	02/12/23	Portsmouth NSC Christmas LC Last Chance Qualifier	Mountbatten Centre		3