

# Individual Best Times (All Time)

Theodore Malik - (1682074) - Lancing College Swimming Club - 50 Backstroke - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
50.19	103	H	10/02/24	Sussex County ASA County Championships	Crawley		1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
50.19	103	H	10/02/24	Sussex County ASA County Championships	Crawley		1