

Individual Best Times (All Time)

Joel O'halleron - (167141) - York City Baths Club - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:35.06	685	H	20/02/16	BUCS Long Course Championships	Sheffield		1
4:35.13	684	H	07/02/16	Northumberland & Durham County Champs	Sunderland	Derwentside	1
4:35.13	684	H	07/02/16	Northumberland & Durham County Champs	Sunderland	Derwentside	1
4:35.91	678	H	28/07/15	British Summer Championships	Sheffield	Derwentside	1
4:36.75	672	H	11/04/15	Derventio Excel 9th Open Meet	Sheffield	Derwentside	1
4:36.80	672	F	09/05/15	ASA North East Regional Championships	Sunderland	Derwentside	1
4:37.65	666	H	28/07/16	British Summer Championships	Sheffield	Derwentside	1
4:37.96	664	F	14/03/15	Edinburgh International 2015	Edinburgh	Derwentside	1
4:38.02	663	H	22/05/16	Nova Centurion May Level 1 Long Course Open Meet	Nottingham	Derwentside	1
4:38.49	660	H	03/05/14	ASANER Youth & Senior Championships 2014	Sunderland	Derwentside	1
4:38.93	657	H	18/02/17	BUCS Long Course Swimming Championships	Sheffield		1
4:39.16	655	H	05/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	Derwentside	1
4:39.16	655	H	05/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	Derwentside	1
4:39.38	653	H	08/03/14	Northumberland & Durham SA County Champs	Sunderland	Derwentside	1
4:39.41	653	H	30/05/15	City of Sunderland Last Chance Qualifier Meet	Sunderland	Derwentside	1
4:39.79	651	H	09/05/15	ASA North East Regional Championships	Sunderland	Derwentside	1
4:40.29	647	F	30/04/16	ASANER Regional Championships 2016	Sunderland	Derwentside	1
4:40.42	646	H	30/01/16	Burns Open Meet 2016	Sheffield	Derwentside	1
4:40.47	646	F	27/06/14	British Gas International Swimming Meet 2014	Manchester	Derwentside	1
4:40.63	645	H	26/06/14	British Gas International Swimming Meet 2014	Manchester	Derwentside	1
4:40.63	645	H	08/02/15	Northumberland & Durham County Championships	Sunderland	Derwentside	1
4:40.87	643	F	11/04/14	British Gas Championships 2014	Glasgow	Derwentside	1
4:41.52	639	F	04/05/13	ASA North East Youth & Senior Championship	Sunderland	Derwentside	1
4:41.75	637	F	11/03/17	Edinburgh International Meet 2017	Edinburgh	Derwentside	1
4:41.90	636	H	11/04/14	British Gas Championships 2014	Glasgow	Derwentside	1
4:42.06	635	H	30/04/16	ASANER Regional Championships 2016	Sunderland	Derwentside	1
4:42.06	634	F	03/05/14	ASANER Youth & Senior Championships 2014	Sunderland	Derwentside	1

4:42.22	604	F	03/03/14	ASANER Youth & Senior Championships 2014	Sunderland	Derwentside	1
4:42.51	632	H	05/08/14	BG ASA Youth & MC Championships 2014	Sheffield	Derwentside	1
4:43.68	624	H	16/02/13	Northumberland & Durham County Champs	Sunderland	Derwentside	1
4:43.93	623	H	04/08/13	BG ASA National Youth Championships	Sheffield	Derwentside	1
4:44.49	619	H	30/06/13	ESSA National Inter-Divisional Meet 2013	Liverpool	Derwentside	1
4:44.82	617	H	24/01/15	Burns Open Meet 2015	Sheffield	Derwentside	1
4:44.87	616	H	04/05/13	ASA North East Youth & Senior Championship	Sunderland	Derwentside	1
4:44.98	616	F	26/01/13	ASA Northern Region Zonal Competition	Sheffield	Derwentside	1
4:45.86	610	H	21/07/12	BG ASA National Youth Championships 2012	Sheffield	Derwentside	1
4:46.09	609	F	04/02/12	Northumberland & Durham Championships	Sunderland	Derwentside	1
4:46.44	606	H	25/01/14	Northern Area Zonal Meet 2014	Sheffield	Derwentside	1
4:46.59	605	F	01/04/12	SG National Open Age Group Championships	Sunderland	Derwentside	1
4:47.65	599	H	05/05/12	North East Region Youth & Senior Champs	Sunderland	Derwentside	1
4:48.36	594	H	19/01/13	City of Liverpool SC L1 Winter Open Meet	Liverpool	Derwentside	1
4:49.27	589	F	05/05/12	North East Region Youth & Senior Champs	Sunderland	Derwentside	1
4:52.35	570	H	26/01/13	ASA Northern Region Zonal Competition	Sheffield	Derwentside	1
4:54.26	559	H	04/02/12	Northumberland & Durham Championships	Sunderland	Derwentside	1
4:54.32	559	H	01/04/12	SG National Open Age Group Championships	Sunderland	Derwentside	1
4:57.89	539	H	28/01/12	ASA Northern Zonal Meet	Sheffield	Derwentside	1
4:58.24	537	F	19/02/11	Northumberland & Durham Championships	Sunderland	Derwentside	1
5:02.96	512	H	30/04/11	BG North East Region Youth & Senior Champs	Sunderland	Derwentside	1
5:05.94	497	H	19/02/11	Northumberland & Durham Championships	Sunderland	Derwentside	1
5:12.10	469	H	18/07/10	Sunderland Non National Qualifier Meet	Sunderland	Derwentside	3
5:25.98	411	F	07/06/09	ASNER Bagcat Championship	Sheffield	Derwentside	1
5:29.46	398	H	10/10/09	Borough of Stockton Open	Leeds	Derwentside	1
5:30.11	396	H	07/06/09	ASNER Bagcat Championship	Sheffield	Derwentside	1

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