

Individual Best Times (All Time)

Leo De Trafford - (1653403) - Lancing College Swimming Club - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|--------------------|-----------------|-------|
| 6:01.08 | 226 | F | 25/02/24 | Sussex County ASA County Championships | Crawley | | 1 |
| 6:08.53 | 212 | F | 15/06/24 | Crawley Summer Splash L3 Gala 2024 | Crawley | | 3 |
| 6:16.06 | 200 | F | 03/12/23 | Portsmouth NSC Christmas LC Last Chance Qualifier | Mountbatten Centre | | 3 |

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