

Individual Best Times (All Time)

Valeria Soldatihhina - (1649816) - West Norfolk Swimming Club - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|-----------|-----------------|-------|
| 2:43.91 | 455 | F | 06/05/24 | Swim England East Region LC Championships 2024 | Norwich | West Norfolk | 1 |
| 2:45.08 | 445 | H | 06/05/24 | Swim England East Region LC Championships 2024 | Norwich | West Norfolk | 1 |
| 2:50.78 | 402 | H | 07/04/24 | Derby Excel April Meet | Sheffield | West Norfolk | 1 |
| 2:51.97 | 394 | H | 22/06/24 | Norwich Swan & West Norfolk Boudicca L3 Open Meet | Norwich | West Norfolk | 3 |
| 2:55.66 | 370 | F | 03/03/24 | City of Norwich March LC Open Meet 2024 | Norwich | | 3 |
| 2:56.40 | 365 | H | 28/01/24 | SE Norfolk County Championships 2024 | Norwich | West Norfolk | 1 |
| 3:15.13 | 270 | H | 17/06/23 | Boudicca Level 3 Long Course Open Meet 2023 | Norwich | West Norfolk | 3 |
| 3:38.12 | 193 | H | 28/01/23 | Norfolk County Championships 2023 | Norwich | West Norfolk | 1 |

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