

Individual Best Times (All Time)

Elizabeth Litvinenko - (1649796) - West Norfolk Swimming Club - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:11.41	266	H	23/06/24	Norwich Swan & West Norfolk Boudicca L3 Open Meet	Norwich	West Norfolk	3
3:11.68	265	H	04/02/24	SE Norfolk County Championships 2024	Norwich	West Norfolk	1
3:14.94	252	F	02/03/24	City of Norwich March LC Open Meet 2024	Norwich		3
3:36.35	184	H	18/06/23	Boudicca Level 3 Long Course Open Meet 2023	Norwich	West Norfolk	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:11.41	266	H	23/06/24	Norwich Swan & West Norfolk Boudicca L3 Open Meet	Norwich	West Norfolk	3
3:14.94	252	F	02/03/24	City of Norwich March LC Open Meet 2024	Norwich		3
3:11.68	265	H	04/02/24	SE Norfolk County Championships 2024	Norwich	West Norfolk	1
3:36.35	184	H	18/06/23	Boudicca Level 3 Long Course Open Meet 2023	Norwich	West Norfolk	3