

# Individual Best Times (All Time)

Amelia Tucke - (1649271) - London Borough of Redbridge SC - 400 Freestyle - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:14.48	419	H	14/01/24	2024 Essex County Age Group Championships	London	BorRedbridge	1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:14.48	419	H	14/01/24	2024 Essex County Age Group Championships	London	BorRedbridge	1