

Individual Best Times (All Time)

Anna Newlands - (164627) - Cockermouth SC - 200 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|------------|-----------------|-------|
| 2:05.49 | 727 | F | 06/12/14 | ASA North West Region Winter Championships | Liverpool | | 1 |
| 2:05.89 | 720 | H | 11/04/15 | Stockport Metro April LC Open Meet | Stockport | | 1 |
| 2:07.09 | 700 | H | 06/12/14 | ASA North West Region Winter Championships | Liverpool | | 1 |
| 2:07.45 | 694 | F | 03/05/14 | 2014 ASANWR Youth Championships | Liverpool | Cockermouth | 1 |
| 2:08.23 | 681 | | 28/07/15 | British Summer Championships | Sheffield | Stockport Mo | 1 |
| 2:08.36 | 679 | H | 18/05/13 | City of Sunderland May Open Meet | Sunderland | Cockermouth | 1 |
| 2:09.54 | 661 | H | 13/04/13 | Stockport Metro April Meet | Stockport | Cockermouth | 1 |
| 2:09.80 | 657 | H | 25/07/14 | National Youth Team Championships | Portugal | | 1 |
| 2:09.87 | 656 | H | 30/07/13 | BG ASA National Youth Championships | Sheffield | Cockermouth | 1 |
| 2:10.37 | 648 | F | 04/05/13 | ASANWR Youth Championships | Manchester | Cockermouth | 1 |
| 2:10.51 | 646 | H | 04/05/13 | ASANWR Youth Championships | Manchester | Cockermouth | 1 |
| 2:10.80 | 642 | H | 03/05/14 | 2014 ASANWR Youth Championships | Liverpool | Cockermouth | 1 |
| 2:11.05 | 638 | H | 19/05/12 | City of Sunderland ASC May Open Meet | Sunderland | Cockermouth | 1 |
| 2:11.98 | 625 | H | 05/11/11 | City of Sunderland Firecracker Open Meet | Sunderland | Cockermouth | 1 |
| 2:12.74 | 614 | F | 04/06/11 | BG North West Region Age Group Championshi | Manchester | Cockermouth | 1 |
| 2:13.57 | 603 | H | 04/06/11 | BG North West Region Age Group Championshi | Manchester | Cockermouth | 1 |
| 2:13.80 | 599 | H | 23/07/11 | British Gas ASA NAG Championships 2011 | Sheffield | Cockermouth | 1 |
| 2:14.90 | 585 | H | 02/06/12 | North West Region Age Group Championships | Manchester | Cockermouth | 1 |
| 2:18.75 | 538 | H | 05/06/10 | BG North West Age Groups | Manchester | Cockermouth | 1 |
| 2:19.20 | 532 | F | 05/06/10 | BG North West Age Groups | Manchester | Cockermouth | 1 |
| 2:25.01 | 471 | F | 06/06/09 | North West Region Champs | Manchester | Cockermouth | 1 |
| 2:27.23 | 450 | H | 06/06/09 | North West Region Champs | Manchester | Cockermouth | 1 |
| 2:30.42 | 422 | H | 18/01/09 | Liverpool Winter Open | Liverpool | Cockermouth | 2 |
| 2:32.61 | 404 | F | 07/06/08 | North West Region Age Grps | Manchester | Cockermouth | 1 |
| 2:33.79 | 395 | H | 07/06/08 | North West Region Age Grps | Manchester | Cockermouth | 1 |

Swims in Date Order

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| 2:12.74 | 614 | F | 04/06/11 | BG North West Region Age Group Championshi | Manchester | Cockermouth | 1 |
| 2:13.57 | 603 | H | 04/06/11 | BG North West Region Age Group Championshi | Manchester | Cockermouth | 1 |
| 2:19.20 | 532 | F | 05/06/10 | BG North West Age Groups | Manchester | Cockermouth | 1 |
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