

Individual Best Times (All Time)

Allanah Ralfe - (1645102) - Thetford Dolphins SC - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
44.64	217	F	02/03/24	City of Norwich March LC Open Meet 2024	Norwich		3
47.73	178	H	27/01/24	SE Norfolk County Championships 2024	Norwich	Thetford	1
48.19	173	H	28/01/23	Norfolk County Championships 2023	Norwich	Thetford	1

Swims in Date Order

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