

# Individual Best Times (All Time)

Sofia-Elyse Sanders - (1632243) - Armthorpe & District SC - 400 Freestyle - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:42.34	325	H	04/02/24	Yorkshire SA Championships 2024	Leeds	Donc Dartes	1

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