

Individual Best Times (All Time)

Rihanna Harper - (1616974) - Carlisle Aquatics - 400 Freestyle - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:59.49	485	H	28/04/24	SENW Regional Summer Championships 2024	Manchester	Carlisle Aq	1

Swims in Date Order

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