

# Individual Best Times (All Time)

Rihanna Harper - (1616974) - Carlisle Aquatics - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:44.36	420	H	28/04/24	SENW Regional Summer Championships 2024	Manchester	Carlisle Aq	1
2:58.66	327	H	14/05/23	SE North West Regional Summer Championships 2023	Liverpool	Carlisle Aq	1
3:02.84	305	H	02/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	Carlisle Aq	3

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