

Individual Best Times (All Time)

Jake Newley - (1611490) - London Borough of Redbridge SC - 200 Freestyle - Long Course

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|--------|-----------------|-------|
| 2:20.86 | 379 | H | 14/01/24 | 2024 Essex County Age Group Championships | London | BorRedbridge | 1 |

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