

Individual Best Times (All Time)

Lola Mitchinson - (1599594) - Thetford Dolphins SC - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:43.91	424	F	29/03/24	City of Norwich Easter Meet 2024	Norwich		1
2:47.17	399	H	11/05/24	Swim England East Region LC Championships 2024	Norwich	Thetford	1
2:48.14	392	H	04/02/24	SE Norfolk County Championships 2024	Norwich	Thetford	1
3:06.03	290	H	05/02/23	Norfolk County Championships 2023	Norwich	Thetford	1

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