

# Individual Best Times (All Time)

Lola Mitchinson - (1599594) - Thetford Dolphins SC - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
34.04	491	F	06/05/24	Swim England East Region LC Championships 2024	Norwich	Thetford	1
34.15	486	H	06/05/24	Swim England East Region LC Championships 2024	Norwich	Thetford	1
35.16	445	H	27/01/24	SE Norfolk County Championships 2024	Norwich	Thetford	1
35.35	438	F	27/01/24	SE Norfolk County Championships 2024	Norwich	Thetford	1
37.54	366	H	11/03/23	Putteridge SC Spring LC National Qualifier 2023	Luton	Thetford	1
38.18	348	H	23/04/23	Swim England East Region LC Championships 2023	Norwich	Thetford	1
39.19	321	F	28/01/23	Norfolk County Championships 2023	Norwich	Thetford	1
39.53	313	H	28/01/23	Norfolk County Championships 2023	Norwich	Thetford	1
45.77	202	H	26/02/22	Norfolk County Championships	UEA Sportspark	Thetford	1

## Swims in Date Order

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34.04	491	F	06/05/24	Swim England East Region LC Championships 2024	Norwich	Thetford	1
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