

# Individual Best Times (All Time)

Sophie Hayward - (1594774) - Cirencester SC - 400 Freestyle - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:33.95	350	F	16/01/24	Gloucester County ASA Swimming Championships 2024	Bristol		1

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