

Individual Best Times (All Time)

Dougie Bettis - (1587224) - Worthing Swimming Club - 50 Backstroke - Long Course

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|--|---------|-----------------|-------|
| 45.56 | 138 | H | 10/02/24 | Sussex County ASA County Championships | Crawley | | 1 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|--|---------|-----------------|-------|
| 45.56 | 138 | H | 10/02/24 | Sussex County ASA County Championships | Crawley | | 1 |