

# Individual Best Times (All Time)

Sophia Motley - (1581797) - Bristol Penguin Olympic SC - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:43.51	458	H	20/04/24	SE SWR Summer Championships 2024	Bristol		1
2:44.28	452	F	11/05/24	Team Bath AS & Millfield L1 Last Chance Meet 2024	Millfield		1
2:44.57	450	F	10/03/24	City of Swansea Aquatics Spring LC Open Meet 2024	Swansea		1
2:46.07	438	F	14/01/24	Gloucester County ASA Swimming Championships 2024	Bristol		1
2:47.14	429	F	22/04/23	SE South West Summer Regional Championships 2023	Millfield		1
2:47.89	423	H	22/04/23	SE South West Summer Regional Championships 2023	Millfield		1
2:50.31	406	F	01/04/23	City Of Bristol L1 International Open Meet 2023	Hengrove Park		1
3:00.59	340	F	15/01/23	Gloucestershire County Swimming Championships 2023	Bristol		1

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