

Individual Best Times (All Time)

Sophia Motley - (1581797) - Bristol Penguin Olympic SC - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|--|---------------|-----------------|-------|
| 39.01 | 326 | F | 02/04/23 | City Of Bristol L1 International Open Meet 2023 | Hengrove Park | | 1 |
| 39.58 | 312 | H | 17/01/23 | Gloucestershire County Swimming Championships 2023 | Bristol | | 1 |
| 39.87 | 305 | F | 17/01/23 | Gloucestershire County Swimming Championships 2023 | Bristol | | 1 |
| 40.91 | 283 | H | 03/02/22 | Gloucester County Champions 2022 Finals | Hengrove LC | | 1 |
| 41.26 | 275 | F | 03/02/22 | Gloucester County Champions 2022 Finals | Hengrove LC | | 1 |

Swims in Date Order

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|-------|--------|-------|----------|--|---------------|-----------------|-------|
| 39.01 | 326 | F | 02/04/23 | City Of Bristol L1 International Open Meet 2023 | Hengrove Park | | 1 |
| 39.87 | 305 | F | 17/01/23 | Gloucestershire County Swimming Championships 2023 | Bristol | | 1 |
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