

# Individual Best Times (All Time)

Sophia Motley - (1581797) - Bristol Penguin Olympic SC - 50 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time  | WA Pts | Round | Date     | Meet   | Venue         | Club Swam Under | Level |
|-------|--------|-------|----------|--|---------------|-----------------|-------|
| 31.47 | 422    | H     | 13/01/24 | Gloucester County ASA Swimming Championships 2024  | Bristol       |                 | 1     |
| 31.62 | 416    | F     | 13/01/24 | Gloucester County ASA Swimming Championships 2024  | Bristol       |                 | 1     |
| 32.00 | 401    | F     | 02/04/23 | City Of Bristol L1 International Open Meet 2023    | Hengrove Park |                 | 1     |
| 32.22 | 393    | H     | 23/04/23 | SE South West Summer Regional Championships 2023   | Millfield     |                 | 1     |
| 33.95 | 336    | H     | 14/01/23 | Gloucestershire County Swimming Championships 2023 | Bristol       |                 | 1     |
| 34.42 | 322    | F     | 14/01/23 | Gloucestershire County Swimming Championships 2023 | Bristol       |                 | 1     |

Swims in Date Order

| Time  | WA Pts | Round | Date     | Meet   | Venue         | Club Swam Under | Level |
|-------|--------|-------|----------|--|---------------|-----------------|-------|
| 31.62 | 416    | F     | 13/01/24 | Gloucester County ASA Swimming Championships 2024  | Bristol       |                 | 1     |
| 31.47 | 422    | H     | 13/01/24 | Gloucester County ASA Swimming Championships 2024  | Bristol       |                 | 1     |
| 32.22 | 393    | H     | 23/04/23 | SE South West Summer Regional Championships 2023   | Millfield     |                 | 1     |
| 32.00 | 401    | F     | 02/04/23 | City Of Bristol L1 International Open Meet 2023    | Hengrove Park |                 | 1     |
| 34.42 | 322    | F     | 14/01/23 | Gloucestershire County Swimming Championships 2023 | Bristol       |                 | 1     |
| 33.95 | 336    | H     | 14/01/23 | Gloucestershire County Swimming Championships 2023 | Bristol       |                 | 1     |