Individual Best Times (All Time)

Stanley Mcintyre - (1579168) - Lucton Typhoon SC - 400 Freestyle - Long Course

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|------------|-----------------|-------|
| 5:08.40 | 363 | Н | 28/04/24 | SE West Midland Summer Championships 2024 | Birmingham | L Typhoon | 1 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|------------|-----------------|-------|
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