

Individual Best Times (All Time)

Benjamin Cusack - (1578767) - Beacon SC - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
31.84	404	H	28/04/24	SE South East Region LC Championships 2024	Winchester		1
32.05	396	H	10/02/24	Sussex County ASA County Championships	Crawley		1
32.54	379	F	10/02/24	Sussex County ASA County Championships	Crawley		1
33.01	363	H	14/05/23	SE South East Region Summer Championships 2023	Winchester		1
33.41	350	F	14/05/23	SE South East Region Summer Championships 2023	Winchester		1
34.91	306	H	26/02/23	Sussex County & Age Group Championships 2023	Crawley		1
35.98	280	F	26/02/23	Sussex County & Age Group Championships 2023	Crawley		1
37.38	250	H	23/04/22	Swim England South East Summer Championships	Crawley		1
37.57	246	F	08/01/23	Borough of Waltham Forest SC Gators L3 Gala 2023	London		3

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