

Individual Best Times (All Time)

Ben Ross - (1578724) - East Grinstead Swimming Club - 200 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:44.16	175	F	25/02/24	Sussex County ASA County Championships	Crawley		1
3:51.11	160	F	26/02/23	Sussex County & Age Group Championships 2023	Crawley		1

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