

# Individual Best Times (All Time)

Ben Ross - (1578724) - East Grinstead Swimming Club - 100 Freestyle - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:21.87	187	F	06/01/24	Crawley Speedo New Year Gala L3 2024	Crawley		3

## Swims in Date Order

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