

Individual Best Times (All Time)

Ben Ross - (1578724) - East Grinstead Swimming Club - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
43.24	161	H	13/02/22	Sussex County ASA County Championships	Crawley		1
44.35	149	F	13/02/22	Sussex County ASA County Championships	Crawley		1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
44.35	149	F	13/02/22	Sussex County ASA County Championships	Crawley		1
43.24	161	H	13/02/22	Sussex County ASA County Championships	Crawley		1