## Individual Best Times (All Time)

## Sam Amirbashiri - (157779) - Cleethorpes & Dist SC - 200 Breaststroke - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:56.33	149	Н	19/01/08	Rotherham Metro A B Meet	Sheffield	Cleethorpes	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:56.33	149	Н	19/01/08	Rotherham Metro A B Meet	Sheffield	Cleethorpes	3