

Individual Best Times (All Time)

Megan Coppack - (157297) - Amersham SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:26.83	686	F	01/05/11	BG North West Region Youth Championships	Liverpool	Lboro Uni	1
4:31.37	652	H	28/07/11	British Gas ASA National Youth Champs	Sheffield	Lboro Uni	1
4:31.48	651	F	22/01/11	City of Liverpool Winter Distance Meet	Liverpool	Lboro Uni	1
4:32.37	645	H	01/05/11	BG North West Region Youth Championships	Liverpool	Lboro Uni	1
4:32.42	645	H	30/01/11	North & North West Zonal Competition	Sheffield	Lboro Uni	1
4:33.42	637	F	02/07/11	Cardiff International Open Meet 2011	Cardiff	Lboro Uni	1
4:33.86	634	H	26/01/13	ASA Northern Region Zonal Competition	Sheffield	Lboro Uni	1
4:36.49	616	F	02/05/10	North West Region Youth	Liverpool	Lboro Uni	1
4:36.89	614	F	16/01/10	City of Liverpool Meet	Liverpool	Lboro Uni	1
4:37.14	612	H	02/05/10	North West Region Youth	Liverpool	Lboro Uni	1
4:38.96	600	H	04/08/10	British Gas Youth Champs	Sheffield	Lboro Uni	1
4:43.14	574	H	03/05/09	North West Region Youth	Liverpool	Lboro Uni	1
4:46.74	553	F	03/05/09	North West Region Youth	Liverpool	Lboro Uni	1
4:48.18	544	H	11/01/09	City of Derby Open Meet	Sheffield	Lboro Uni	1
4:55.35	506	H	14/06/08	North West Region Age Grps	Manchester	Lboro Uni	1

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