

# Individual Best Times (All Time)

Alison Binns - (152236) - Bushey Amateur Swimming Club - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:09.82	553	H	29/06/14	ESSA SW Division National Inter Divisional	Bristol	Watford SC	1
1:11.28	520	H	08/12/13	ASA East Regionals Winter Championships	Norwich	Watford SC	1
1:11.87	507	H	22/12/13	Basildon & Phoenix Winter Long Course Meet	Basildon	Watford SC	1
1:12.21	500	H	01/05/11	BG East Region Championships	Norwich	Watford SC	1
1:12.51	494	H	06/05/12	ASA East Region Youth Championships	Basildon	Watford SC	1
1:12.77	488	F	20/11/11	Crawley Not So Early Bird Meet	Crawley	Watford SC	1
1:15.30	441	H	02/05/10	East Region Youth Champs	Norwich	Watford SC	1
1:15.56	436	F	22/11/09	Crawley Not So Early Bird	Crawley	Watford SC	1

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