Individual Best Times (All Time)

Alison Binns - (152236) - Bushey Amateur Swimming Club - 50 Butterfly - Long Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Leve
29.80	550	F	30/03/13	City of Norwich SC Easter Meet 2013	Norwich	Watford SC	1
29.99	540	Н	04/05/13	ASA East Region Youth Championships	Luton	Watford SC	1
30.22	528	Н	30/04/11	BG East Region Championships	Norwich	Watford SC	1
30.23	527	Н	05/05/19	Swim England East Region Long Course Champs	Inspire Luton	Bushey	1
30.27	525	F	19/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	Watford SC	1
30.31	523	Н	25/11/17	Romford Town Early County Qualifier	London Aquatics	Bushey	3
30.35	521	Н	07/05/18	East Swimming Long Course Championships 2018	Norwich	Bushey	1
30.38	520	F	04/05/13	ASA East Region Youth Championships	Luton	Watford SC	1
30.39	519	F	07/12/13	ASA East Regionals Winter Championships	Norwich	Watford SC	1
30.48	514	Н	07/12/13	ASA East Regionals Winter Championships	Norwich	Watford SC	1
30.49	514	Н	17/11/12	Team Luton Inaugural Long Course Meet	Luton	Watford SC	1
30.53	512	F	05/05/12	ASA East Region Youth Championships	Basildon	Watford SC	1
30.54	511	Н	16/11/13	Team Luton Autumn LC Open Meet	Luton	Watford SC	1
30.56	510	Н	24/05/14	Team Luton Last Chance National Qualifier 2014	Luton	Watford SC	1
30.57	510	F	30/04/11	BG East Region Championships	Norwich	Watford SC	1
30.59	509	Н	11/04/15	Team Luton April Long Course Meet	Luton		1
30.60	508	Н	25/01/14	Central Zonal Meet 2014	Corby	Watford SC	1
30.61	508	Н	07/06/13	Cardiff International Open Meet	Cardiff	Watford SC	1
30.64	506	Н	19/02/17	BUCS Long Course Swimming Championships	Sheffield		1
30.65	506	Н	21/02/16	BUCS Long Course Championships	Sheffield		1
30.70	503	Н	04/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	Bushey	1
30.74	501	F	26/01/13	ASA Central Region Zonal Competition	Corby	Watford SC	1
30.78	499	Н	26/01/13	ASA Central Region Zonal Competition	Corby	Watford SC	1
30.82	498	Н	04/05/15	ASA East Region Summer Championships Weekend 1	Luton		1
30.83	497	F	25/01/14	Central Zonal Meet 2014	Corby	Watford SC	1
30.86	496	Н	05/05/12	ASA East Region Youth Championships	Basildon	Watford SC	1
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30.98	490	F	19/12/10	Hillingdon Winter Meet	Hillingdon	Watford SC	1
31.04	487	F	18/12/11	Hillingdon Winter Open Meet	Hillingdon	Watford SC	1
31.04	487	Н	02/05/16	ASA East Region Long Course Championships	Norwich	Bushey	1
31.06	486	Н	03/05/14	ASA East Region Youth Championships	Luton	Watford SC	1
31.18	480	F	20/11/11	Crawley Not So Early Bird Meet	Crawley	Watford SC	1
31.19	480	F	04/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	Bushey	1
31.25	477	Н	21/12/13	Basildon & Phoenix Winter Long Course Meet	Basildon	Watford SC	1
31.65	459	Н	02/05/10	East Region Youth Champs	Norwich	Watford SC	1
32.32	431	F	22/11/09	Crawley Not So Early Bird	Crawley	Watford SC	1

Swims in Date Order

90.23 527	Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
19.03 19.23	30.23	527	Н	05/05/19	Swim England East Region Long Course Champs	Inspire Luton	Bushey	1
1	30.35	521	Н	07/05/18	East Swimming Long Course Championships 2018	Norwich	Bushey	1
31.04	30.31	523	Н	25/11/17	Romford Town Early County Qualifier	London Aquatics	Bushey	3
30.65 506	30.64	506	Н	19/02/17	BUCS Long Course Swimming Championships	Sheffield		1
30.82 498	31.04	487	Н	02/05/16	ASA East Region Long Course Championships	Norwich	Bushey	1
30.59 S09	30.65	506	Н	21/02/16	BUCS Long Course Championships	Sheffield		1
31.19	30.82	498	Н	04/05/15	ASA East Region Summer Championships Weekend 1	Luton		1
30.70 503	30.59	509	Н	11/04/15	Team Luton April Long Course Meet	Luton		1
30.56 510	31.19	480	F	04/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	Bushey	1
31.06 486	30.70	503	Н	04/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	Bushey	1
30.27 525 F 19/04/14 UEA City of Norwich Easter LC Meet 2014 Norwich Watford SC 1	30.56	510	Н	24/05/14	Team Luton Last Chance National Qualifier 2014	Luton	Watford SC	1
30.83 497 F 25/01/14 Central Zonal Meet 2014 Corby Watford SC 1 30.60 508 H 25/01/14 Central Zonal Meet 2014 Corby Watford SC 1 31.25 477 H 21/12/13 Basildon & Phoenix Winter Long Course Meet Basildon Watford SC 1 30.39 519 F 07/12/13 ASA East Regionals Winter Championships Norwich Watford SC 1 30.48 514 H 07/12/13 ASA East Regionals Winter Championships Norwich Watford SC 1 30.51 508 H 07/06/13 Cardiff International Open Meet Cardiff Watford SC 1 30.38 520 F 04/05/13 ASA East Region Youth Championships Luton Watford SC 1 29.99 540 H 04/05/13 ASA Central Region Zonal Competition Corby Watford SC 1 30.74 501 F 26/01/13 ASA Central Region Zonal Competition Corby Watford SC </td <td>31.06</td> <td>486</td> <td>Н</td> <td>03/05/14</td> <td>ASA East Region Youth Championships</td> <td>Luton</td> <td>Watford SC</td> <td>1</td>	31.06	486	Н	03/05/14	ASA East Region Youth Championships	Luton	Watford SC	1
30.60 508	30.27	525	F	19/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	Watford SC	1
31.25 477	30.83	497	F	25/01/14	Central Zonal Meet 2014	Corby	Watford SC	1
30.39 519 F 07/12/13 ASA East Regionals Winter Championships Norwich Watford SC 1	30.60	508	Н	25/01/14	Central Zonal Meet 2014	Corby	Watford SC	1
30.48 514	31.25	477	Н	21/12/13	Basildon & Phoenix Winter Long Course Meet	Basildon	Watford SC	1
30.54 511	30.39	519	F	07/12/13	ASA East Regionals Winter Championships	Norwich	Watford SC	1
30.61 508 H 07/06/13 Cardiff International Open Meet Cardiff Watford SC 1 30.38 520 F 04/05/13 ASA East Region Youth Championships Luton Watford SC 1 29.99 540 H 04/05/13 ASA East Region Youth Championships Luton Watford SC 1 29.80 550 F 30/03/13 City of Norwich SC Easter Meet 2013 Norwich Watford SC 1 30.74 501 F 26/01/13 ASA Central Region Zonal Competition Corby Watford SC 1 30.78 499 H 26/01/13 ASA Central Region Zonal Competition Corby Watford SC 1 30.49 514 H 17/11/12 Team Luton Inaugural Long Course Meet Luton Watford SC 1 30.53 512 F 05/05/12 ASA East Region Youth Championships Basildon Watford SC 1 31.04 487 F 18/12/11 Hillingdon Winter Open Meet Hillingdon Watfor	30.48	514	Н	07/12/13	ASA East Regionals Winter Championships	Norwich	Watford SC	1
30.38 520 F 04/05/13 ASA East Region Youth Championships Luton Watford SC 1 29.99 540 H 04/05/13 ASA East Region Youth Championships Luton Watford SC 1 29.80 550 F 30/03/13 City of Norwich SC Easter Meet 2013 Norwich Watford SC 1 30.74 501 F 26/01/13 ASA Central Region Zonal Competition Corby Watford SC 1 30.78 499 H 26/01/13 ASA Central Region Zonal Competition Corby Watford SC 1 30.49 514 H 17/11/12 Team Luton Inaugural Long Course Meet Luton Watford SC 1 30.53 512 F 05/05/12 ASA East Region Youth Championships Basildon Watford SC 1 30.86 496 H 05/05/12 ASA East Region Youth Championships Basildon Watford SC 1 31.18 480 F 20/11/11 Crawley Nt So Early Bird Meet Crawley Wa	30.54	511	Н	16/11/13	Team Luton Autumn LC Open Meet	Luton	Watford SC	1
29.99 540 H 04/05/13 ASA East Region Youth Championships Luton Watford SC 1 29.80 550 F 30/03/13 City of Norwich SC Easter Meet 2013 Norwich Watford SC 1 30.74 501 F 26/01/13 ASA Central Region Zonal Competition Corby Watford SC 1 30.78 499 H 26/01/13 ASA Central Region Zonal Competition Corby Watford SC 1 30.49 514 H 17/11/12 Team Luton Inaugural Long Course Meet Luton Watford SC 1 30.53 512 F 05/05/12 ASA East Region Youth Championships Basildon Watford SC 1 30.86 496 H 05/05/12 ASA East Region Youth Championships Basildon Watford SC 1 31.14 487 F 18/12/11 Hillingdon Winter Open Meet Hillingdon Watford SC 1 30.57 510 F 30/04/11 BG East Region Championships Norwich Watfor	30.61	508	Н	07/06/13	Cardiff International Open Meet	Cardiff	Watford SC	1
29.80 550 F 30/03/13 City of Norwich SC Easter Meet 2013 Norwich Watford SC 1 30.74 501 F 26/01/13 ASA Central Region Zonal Competition Corby Watford SC 1 30.78 499 H 26/01/13 ASA Central Region Zonal Competition Corby Watford SC 1 30.49 514 H 17/11/12 Team Luton Inaugural Long Course Meet Luton Watford SC 1 30.53 512 F 05/05/12 ASA East Region Youth Championships Basildon Watford SC 1 30.86 496 H 05/05/12 ASA East Region Youth Championships Basildon Watford SC 1 31.04 487 F 18/12/11 Hillingdon Winter Open Meet Hillingdon Watford SC 1 30.57 510 F 30/04/11 BG East Region Championships Norwich Watford SC 1 30.22 528 H 30/04/11 BG East Region Championships Norwich Watford SC<	30.38	520	F	04/05/13	ASA East Region Youth Championships	Luton	Watford SC	1
30.74 501 F 26/01/13 ASA Central Region Zonal Competition Corby Watford SC 1 30.78 499 H 26/01/13 ASA Central Region Zonal Competition Corby Watford SC 1 30.49 514 H 17/11/12 Team Luton Inaugural Long Course Meet Luton Watford SC 1 30.53 512 F 05/05/12 ASA East Region Youth Championships Basildon Watford SC 1 30.86 496 H 05/05/12 ASA East Region Youth Championships Basildon Watford SC 1 31.04 487 F 18/12/11 Hillingdon Winter Open Meet Hillingdon Watford SC 1 31.18 480 F 20/11/11 Crawley Not So Early Bird Meet Crawley Watford SC 1 30.57 510 F 30/04/11 BG East Region Championships Norwich Watford SC 1 30.22 528 H 30/04/11 BG East Region Youth Champs Norwich Watford SC	29.99	540	Н	04/05/13	ASA East Region Youth Championships	Luton	Watford SC	1
30.78 499 H 26/01/13 ASA Central Region Zonal Competition Corby Watford SC 1 30.49 514 H 17/11/12 Team Luton Inaugural Long Course Meet Luton Watford SC 1 30.53 512 F 05/05/12 ASA East Region Youth Championships Basildon Watford SC 1 30.86 496 H 05/05/12 ASA East Region Youth Championships Basildon Watford SC 1 31.04 487 F 18/12/11 Hillingdon Winter Open Meet Hillingdon Watford SC 1 31.18 480 F 20/11/11 Crawley Not So Early Bird Meet Crawley Watford SC 1 30.57 510 F 30/04/11 BG East Region Championships Norwich Watford SC 1 30.22 528 H 30/04/11 BG East Region Championships Norwich Watford SC 1 30.89 490 F 19/12/10 Hillingdon Winter Meet Hillingdon Watford SC <	29.80	550	F	30/03/13	City of Norwich SC Easter Meet 2013	Norwich	Watford SC	1
30.49 514 H 17/11/12 Team Luton Inaugural Long Course Meet Luton Watford SC 1 30.53 512 F 05/05/12 ASA East Region Youth Championships Basildon Watford SC 1 30.86 496 H 05/05/12 ASA East Region Youth Championships Basildon Watford SC 1 31.04 487 F 18/12/11 Hillingdon Winter Open Meet Hillingdon Watford SC 1 31.18 480 F 20/11/11 Crawley Not So Early Bird Meet Crawley Watford SC 1 30.57 510 F 30/04/11 BG East Region Championships Norwich Watford SC 1 30.22 528 H 30/04/11 BG East Region Championships Norwich Watford SC 1 30.98 490 F 19/12/10 Hillingdon Winter Meet Hillingdon Watford SC 1 30.89 494 F 02/05/10 East Region Youth Champs Norwich Watford SC 1	30.74	501	F	26/01/13	ASA Central Region Zonal Competition	Corby	Watford SC	1
30.53 512 F 05/05/12 ASA East Region Youth Championships Basildon Watford SC 1 30.86 496 H 05/05/12 ASA East Region Youth Championships Basildon Watford SC 1 31.04 487 F 18/12/11 Hillingdon Winter Open Meet Hillingdon Watford SC 1 31.18 480 F 20/11/11 Crawley Not So Early Bird Meet Crawley Watford SC 1 30.57 510 F 30/04/11 BG East Region Championships Norwich Watford SC 1 30.22 528 H 30/04/11 BG East Region Championships Norwich Watford SC 1 30.98 490 F 19/12/10 Hillingdon Winter Meet Hillingdon Watford SC 1 30.89 494 F 02/05/10 East Region Youth Champs Norwich Watford SC 1 31.65 459 H 02/05/10 East Region Youth Champs Norwich Watford SC 1 <	30.78	499	Н	26/01/13	ASA Central Region Zonal Competition	Corby	Watford SC	1
30.86	30.49	514	Н	17/11/12	Team Luton Inaugural Long Course Meet	Luton	Watford SC	1
31.04 487 F 18/12/11 Hillingdon Winter Open Meet Hillingdon Watford SC 1 31.18 480 F 20/11/11 Crawley Not So Early Bird Meet Crawley Watford SC 1 30.57 510 F 30/04/11 BG East Region Championships Norwich Watford SC 1 30.22 528 H 30/04/11 BG East Region Championships Norwich Watford SC 1 30.98 490 F 19/12/10 Hillingdon Winter Meet Hillingdon Watford SC 1 30.89 494 F 02/05/10 East Region Youth Champs Norwich Watford SC 1 31.65 459 H 02/05/10 East Region Youth Champs Norwich Watford SC 1	30.53	512	F	05/05/12	ASA East Region Youth Championships	Basildon	Watford SC	1
31.18 480 F 20/11/11 Crawley Not So Early Bird Meet Crawley Watford SC 1 30.57 510 F 30/04/11 BG East Region Championships Norwich Watford SC 1 30.22 528 H 30/04/11 BG East Region Championships Norwich Watford SC 1 30.98 490 F 19/12/10 Hillingdon Winter Meet Hillingdon Watford SC 1 30.89 494 F 02/05/10 East Region Youth Champs Norwich Watford SC 1 31.65 459 H 02/05/10 East Region Youth Champs Norwich Watford SC 1	30.86	496	Н	05/05/12	ASA East Region Youth Championships	Basildon	Watford SC	1
30.57 510 F 30/04/11 BG East Region Championships Norwich Watford SC 1 30.22 528 H 30/04/11 BG East Region Championships Norwich Watford SC 1 30.98 490 F 19/12/10 Hillingdon Winter Meet Hillingdon Watford SC 1 30.89 494 F 02/05/10 East Region Youth Champs Norwich Watford SC 1 31.65 459 H 02/05/10 East Region Youth Champs Norwich Watford SC 1	31.04	487	F	18/12/11	Hillingdon Winter Open Meet	Hillingdon	Watford SC	1
30.22 528 H 30/04/11 BG East Region Championships Norwich Watford SC 1 30.98 490 F 19/12/10 Hillingdon Winter Meet Hillingdon Watford SC 1 30.89 494 F 02/05/10 East Region Youth Champs Norwich Watford SC 1 31.65 459 H 02/05/10 East Region Youth Champs Norwich Watford SC 1	31.18	480	F	20/11/11	Crawley Not So Early Bird Meet	Crawley	Watford SC	1
30.98 490 F 19/12/10 Hillingdon Winter Meet Hillingdon Watford SC 1 30.89 494 F 02/05/10 East Region Youth Champs Norwich Watford SC 1 31.65 459 H 02/05/10 East Region Youth Champs Norwich Watford SC 1	30.57	510	F	30/04/11	BG East Region Championships	Norwich	Watford SC	1
30.89 494 F 02/05/10 East Region Youth Champs Norwich Watford SC 1 31.65 459 H 02/05/10 East Region Youth Champs Norwich Watford SC 1	30.22	528	Н	30/04/11	BG East Region Championships	Norwich	Watford SC	1
31.65 459 H 02/05/10 East Region Youth Champs Norwich Watford SC 1	30.98	490	F	19/12/10	Hillingdon Winter Meet	Hillingdon	Watford SC	1
	30.89	494	F	02/05/10	East Region Youth Champs	Norwich	Watford SC	1
32.32 431 F 22/11/09 Crawley Not So Early Bird Crawley Watford SC 1	31.65	459	Н	02/05/10	East Region Youth Champs	Norwich	Watford SC	1
	32.32	431	F	22/11/09	Crawley Not So Early Bird	Crawley	Watford SC	1

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