

Individual Best Times (All Time)

Sian Smith - (152235) - Watford SC - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:23.33	634	H	31/03/12	City of Sheffield Premier Meet	Sheffield	Hatfield	1
2:24.61	617	H	26/05/12	City of Sheffield No Frills Gala	Sheffield	Hatfield	1
2:24.94	613	F	05/05/12	ASA East Region Youth Championships	Basildon	Hatfield	1
2:25.33	608	H	28/05/11	City of Sheffield No Frills Meet	Sheffield	Hatfield	1
2:25.51	606	H	05/05/12	ASA East Region Youth Championships	Basildon	Hatfield	1
2:25.60	604	H	14/01/12	City of Derby 11th Long Course Open Meet	Sheffield	Hatfield	1
2:25.85	601	H	27/07/11	British Gas ASA National Youth Champs	Sheffield	Hatfield	1
2:26.17	597	F	18/11/12	Welsh Capital Open Meet 2012	Cardiff	Hatfield	1
2:26.75	590	H	30/01/11	East, East Midland & West Midland Zonal	Corby	Hatfield	1
2:26.83	589	H	28/01/12	ASA Central Zone Meet	Corby	Hatfield	1
2:27.23	585	H	30/06/12	ESSA Inter-Divisional Championships	Liverpool	Hatfield	1
2:27.80	578	H	12/01/13	City of Derby 12th Long Course Open Meet	Sheffield	Hatfield	1
2:28.03	575	H	02/10/11	Sherwood Colliery Robin Hood Open Meet	Sheffield	Hatfield	1
2:28.39	571	F	31/03/12	City of Sheffield Premier Meet	Sheffield	Hatfield	1
2:28.91	565	H	15/01/11	Chester Le Street Burns Open Meet	Sheffield	Hatfield	1
2:29.15	562	F	30/04/11	BG East Region Championships	Norwich	Hatfield	1
2:29.24	561	F	30/01/11	East, East Midland & West Midland Zonal	Corby	Hatfield	1
2:29.35	560	H	09/05/10	Radford Annual Open Meet	Sheffield	Hatfield	1
2:29.48	559	H	18/12/11	City of Leeds Christmas Cracker	Leeds	Hatfield	1
2:29.49	558	H	30/04/11	BG East Region Championships	Norwich	Hatfield	1
2:29.73	556	H	07/12/13	ASA East Regionals Winter Championships	Norwich	Hatfield	1
2:29.83	555	H	26/01/13	ASA Central Region Zonal Competition	Corby	Hatfield	1
2:30.16	551	H	20/07/12	BG ASA National Youth Championships 2012	Sheffield	Hatfield	1
2:30.25	550	H	26/03/11	City of Sheffield Premier Meet	Sheffield	Hatfield	1
2:31.85	533	H	01/05/10	East Region Youth Champs	Norwich	Hatfield	1
2:33.06	520	F	01/05/10	East Region Youth Champs	Norwich	Hatfield	1
2:33.16	520	H	02/04/10	City of Norwich Easter Meet	Norwich	Hatfield	1

2:33.10	520	H	02/04/10	City of Norwich Easter Meet	Norwich	Hatfield	1
2:33.49	516		26/06/10	BG Scottish Nationals Open	Glasgow	Hatfield	1
2:35.12	500	H	05/10/08	City of Leeds Junior Open	Leeds	Hatfield	2
2:35.15	499	H	04/10/09	Robin Hood Open Meet	Sheffield	Hatfield	1
2:36.05	491	H	22/11/09	Bexley Long Distance Mt	Crystal Palace	Hatfield	1
2:37.54	477	H	07/06/08	East Region Bagcat Champs	Norwich	Hatfield	1
2:37.61	476	H	12/04/09	City of Norwich Easter Mt	Norwich	Hatfield	2
2:38.45	469	F	07/06/08	East Region Bagcat Champs	Norwich	Hatfield	1
2:38.92	465	H	06/06/09	East Region BAGCATS	UEA Norwich	Hatfield	1
2:48.30	391		14/12/07	Plymouth Long Course Open	Millfield	Hatfield	1
2:49.62	382	F	02/06/07	East Region BAGCAT Champs	Norwich	Hatfield	1
2:49.91	380	H	02/06/07	East Region BAGCAT Champs	Norwich	Hatfield	1

Swims in Date Order

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2:29.83	555	H	26/01/13	ASA Central Region Zonal Competition	Corby	Hatfield	1
2:27.80	578	H	12/01/13	City of Derby 12th Long Course Open Meet	Sheffield	Hatfield	1
2:26.17	597	F	18/11/12	Welsh Capital Open Meet 2012	Cardiff	Hatfield	1
2:30.16	551	H	20/07/12	BG ASA National Youth Championships 2012	Sheffield	Hatfield	1
2:27.23	585	H	30/06/12	ESSA Inter-Divisional Championships	Liverpool	Hatfield	1
2:24.61	617	H	26/05/12	City of Sheffield No Frills Gala	Sheffield	Hatfield	1
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