

Individual Best Times (All Time)

Arabella Bishop - (1519079) - West Norfolk Swimming Club - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
7:06.92	241	H	17/06/23	Boudicca Level 3 Long Course Open Meet 2023	Norwich	West Norfolk	3
7:30.68	205	F	04/03/23	CONSC March LC Open Meet 2023	Sportspark		3

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