

Individual Best Times (All Time)

Emily Forster - (1510383) - City of Sunderland ASC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:44.62	459	H	17/02/24	Northumberland & Durham SA County Championships 24	Sunderland	Co Sund'land	1
5:45.71	454	H	27/04/24	SE North East Regional Age Group Championships	Leeds	Co Sund'land	1

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