

# Individual Best Times (All Time)

Yarah Ghazal - (1505189) - Lancaster City SC - 200 Breaststroke - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:43.92	231	H	13/05/23	SE North West Regional Summer Championships 2023	Liverpool	Lancaster	1

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