

# Individual Best Times (All Time)

Yarah Ghazal - (1505189) - Lancaster City SC - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet   | Venue      | Club Swam Under | Level |
|---------|--------|-------|----------|--|------------|-----------------|-------|
| 1:16.24 | 425    | H     | 05/05/24 | SENW Regional Summer Championships 2024          | Manchester | Lancaster       | 1     |
| 1:16.36 | 423    | F     | 05/05/24 | SENW Regional Summer Championships 2024          | Manchester | Lancaster       | 1     |
| 1:16.72 | 417    | H     | 11/02/24 | Lancashire County Championships 2024             | Manchester | Lancaster       | 1     |
| 1:17.53 | 404    | F     | 11/02/24 | Lancashire County Championships 2024             | Manchester | Lancaster       | 1     |
| 1:24.57 | 311    | H     | 30/04/23 | SE North West Regional Summer Championships 2023 | Liverpool  | Lancaster       | 1     |

## Swims in Date Order

| Time    | WA Pts | Round | Date     | Meet   | Venue      | Club Swam Under | Level |
|---------|--------|-------|----------|--|------------|-----------------|-------|
| 1:16.36 | 423    | F     | 05/05/24 | SENW Regional Summer Championships 2024          | Manchester | Lancaster       | 1     |
| 1:16.24 | 425    | H     | 05/05/24 | SENW Regional Summer Championships 2024          | Manchester | Lancaster       | 1     |
| 1:17.53 | 404    | F     | 11/02/24 | Lancashire County Championships 2024             | Manchester | Lancaster       | 1     |
| 1:16.72 | 417    | H     | 11/02/24 | Lancashire County Championships 2024             | Manchester | Lancaster       | 1     |
| 1:24.57 | 311    | H     | 30/04/23 | SE North West Regional Summer Championships 2023 | Liverpool  | Lancaster       | 1     |