

Individual Best Times (All Time)

Holly Shepherd - (1503172) - Canvey Island SC - 50 Breaststroke - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
42.67	319	H	13/01/24	2024 Essex County Age Group Championships	London	Canvey Isl	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
42.67	319	H	13/01/24	2024 Essex County Age Group Championships	London	Canvey Isl	1