Individual Best Times (All Time)

Polly Anderson - (1499802) - West Norfolk Swimming Club - 200 Backstroke - Long Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|------------|-----------------|-------|
| 2:49.96 | 380 | Н | 11/05/24 | Swim England East Region LC Championships 2024 | Norwich | West Norfolk | 1 |
| 2:51.25 | 371 | Н | 23/06/24 | Norwich Swan & West Norfolk Boudicca L3 Open Meet | Norwich | West Norfolk | 3 |
| 2:53.14 | 359 | Н | 06/04/24 | Derby Excel April Meet | Sheffield | West Norfolk | 1 |
| 2:53.69 | 356 | Н | 04/02/24 | SE Norfolk County Championships 2024 | Norwich | West Norfolk | 1 |
| 2:53.96 | 354 | F | 02/03/24 | City of Norwich March LC Open Meet 2024 | Norwich | | 3 |
| 2:55.52 | 345 | F | 11/05/24 | Swim England East Region LC Championships 2024 | Norwich | West Norfolk | 1 |
| 2:56.40 | 340 | Н | 13/05/23 | Swim England East Region LC Championships 2023 | Luton | West Norfolk | 1 |
| 3:01.35 | 313 | F | 04/03/23 | CONSC March LC Open Meet 2023 | Sportspark | | 3 |
| 3:03.25 | 303 | Н | 05/02/23 | Norfolk County Championships 2023 | Norwich | West Norfolk | 1 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|------------|-----------------|-------|
| 2:51.25 | 371 | Н | 23/06/24 | Norwich Swan & West Norfolk Boudicca L3 Open Meet | Norwich | West Norfolk | 3 |
| 2:55.52 | 345 | F | 11/05/24 | Swim England East Region LC Championships 2024 | Norwich | West Norfolk | 1 |
| 2:49.96 | 380 | Н | 11/05/24 | Swim England East Region LC Championships 2024 | Norwich | West Norfolk | 1 |
| 2:53.14 | 359 | Н | 06/04/24 | Derby Excel April Meet | Sheffield | West Norfolk | 1 |
| 2:53.96 | 354 | F | 02/03/24 | City of Norwich March LC Open Meet 2024 | Norwich | | 3 |
| 2:53.69 | 356 | Н | 04/02/24 | SE Norfolk County Championships 2024 | Norwich | West Norfolk | 1 |
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