

Individual Best Times (All Time)

Ava Sims - (1494974) - Chelmsford City SC - 400 Freestyle - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:15.35	415	H	14/01/24	2024 Essex County Age Group Championships	London	Chelmsford	1

Swims in Date Order

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