

Individual Best Times (All Time)

Rachael O'Donnell - (149356) - Garioch ASC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:11.26	623	F	11/04/10	Scottish Nationals Meet	Glasgow	Carnegie	1
5:19.44	576		27/06/10	BG Scottish Nationals Open	Glasgow	Carnegie	1
5:22.55	560	H	23/05/09	Rotherham Metro LC Meet	Sheffield	Carnegie	1
5:22.63	559		08/04/09	Scottish National Age Grp	Edinburgh	Carnegie	1
5:22.66	559		22/02/09	East District LC TT	Edinburgh	Carnegie	1
5:30.35	521		07/06/09	SASA East District Open	Edinburgh	Carnegie	1
5:40.92	474		13/04/08	Scottish Age Group Champs	Glasgow	Carnegie	1
6:26.87	324		21/01/07	East District Time Trial	Edinburgh	Carnegie	1

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