

# Individual Best Times (All Time)

Rachael O'Donnell - (149356) - Garioch ASC - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:16.10	795	F	04/04/14	Scottish Gas National Open Championships	Glasgow	Carnegie	1
2:17.37	773	F	27/06/14	Scottish Gas National Age Groups 2014	Aberdeen	Carnegie	1
2:17.49	771	H	28/02/14	2014 ISM Berlin	Berlin	Carnegie	1
2:18.10	761	H	04/04/14	Scottish Gas National Open Championships	Glasgow	Carnegie	1
2:18.13	761	F	31/05/14	North District SASA Grand Prix	Aberdeen	Carnegie	1
2:18.20	760	S	05/08/14	BG ASA Youth & MC Championships 2014	Sheffield		1
2:18.23	759	F	06/08/14	BG ASA Youth & MC Championships 2014	Sheffield		1
2:18.98	747	F	29/06/12	SG National Open Championships 2012	Edinburgh	Carnegie	1
2:19.29	742	F	14/06/13	Scottish Gas National Open Championships	Glasgow	Carnegie	1
2:19.33	741		02/06/12	SASA East District Open Championships	Edinburgh	Carnegie	1
2:19.34	741	F	12/04/13	SG National Age Group Championships	Edinburgh	Carnegie	1
2:19.61	737	S	30/07/13	BG ASA National Youth Championships	Sheffield	Carnegie	1
2:19.69	735	F	31/07/13	BG ASA National Youth Championships	Sheffield	Carnegie	1
2:19.81	734	F	11/01/14	East District Age Group Championships	Edinburgh	Carnegie	1
2:19.84	733	H	05/08/14	BG ASA Youth & MC Championships 2014	Sheffield		1
2:19.93	732	H	30/07/13	BG ASA National Youth Championships	Sheffield	Carnegie	1
2:20.40	724	C	01/06/13	East District Open & Grand Prix Round 3	Edinburgh	Carnegie	1
2:20.88	717	H	14/06/13	Scottish Gas National Open Championships	Glasgow	Carnegie	1
2:21.00	715	H	27/06/14	Scottish Gas National Age Groups 2014	Aberdeen	Carnegie	1
2:21.05	714	H	13/04/14	British Gas Championships 2014	Glasgow	Carnegie	1
2:21.50	708	H	29/06/12	SG National Open Championships 2012	Edinburgh	Carnegie	1
2:21.58	706	H	05/03/11	British Gas Swimming Championships 2011	Manchester	Carnegie	1
2:21.77	704		02/06/12	SASA East District Open Championships	Edinburgh	Carnegie	1
2:21.89	702	S	17/07/12	BG ASA National Youth Championships 2012	Sheffield	Carnegie	1
2:22.00	700	H	31/05/14	North District SASA Grand Prix	Aberdeen	Carnegie	1
2:22.06	699	H	17/11/12	W.I.S.E Schools International	Sunderland	Carnegie	1
2:22.14	699		02/06/12	East District Age Group Meet	Edinburgh	Carnegie	1

2:22.11	699		02/02/13	East District Age Group Meet	Edinburgh	Carnegie	1
2:22.13	698	H	17/07/12	BG ASA National Youth Championships 2012	Sheffield	Carnegie	1
2:22.20	697	H	07/03/13	British Gas International 2013	Leeds	Carnegie	1
2:22.47	693	H	05/03/12	British Gas Swimming Championships 2012	London	Carnegie	1
2:22.56	692	S	27/07/11	British Gas ASA National Youth Champs	Sheffield	Carnegie	1
2:22.65	691	F	12/04/12	Eindhoven Swim Cup 2012	Eindhoven	Carnegie	1
2:22.85	688	H	19/10/13	Lincoln Vulcans Long Course Meet	Sheffield	Carnegie	1
2:22.92	687	H	20/10/12	Lincoln Vulcans SC LC Open Meet	Sheffield	Carnegie	1
2:23.07	685	H	04/09/11	Sainsbury's UK School Games 2011	Sheffield	Carnegie	1
2:23.16	683	H	12/04/13	SG National Age Group Championships	Edinburgh	Carnegie	1
2:23.20	683		07/04/11	Scottish National Open Championships	Glasgow	Carnegie	1
2:23.20	683	F	28/07/11	British Gas ASA National Youth Champs	Sheffield	Carnegie	1
2:23.49	679	C	01/07/11	Scottish Gas National Open Championships	Glasgow	Carnegie	1
2:23.67	676	H	01/06/13	East District Open & Grand Prix Round 3	Edinburgh	Carnegie	1
2:23.73	675		02/02/13	East District Age Group Meet	Edinburgh	Carnegie	1
2:23.77	675	F	16/01/11	Chester Le Street Burns Open Meet	Sheffield	Carnegie	1
2:23.94	672		14/01/12	SASA West District Grand Prix Meet	East Kilbride	Carnegie	1
2:24.34	667	H	27/07/11	British Gas ASA National Youth Champs	Sheffield	Carnegie	1
2:24.77	661		14/01/12	SASA West District Grand Prix Meet	East Kilbride	Carnegie	1
2:25.03	657	H	11/01/14	East District Age Group Championships	Edinburgh	Carnegie	1
2:25.08	656	F	29/01/11	Scottish Schools Swimming Champs	Tollcross	Carnegie	1
2:25.16	655	H	01/07/11	Scottish Gas National Open Championships	Glasgow	Carnegie	1
2:25.74	648	H	16/01/11	Chester Le Street Burns Open Meet	Sheffield	Carnegie	1
2:25.83	646	F	08/04/10	Scottish Nationals Meet	Glasgow	Carnegie	1
2:26.27	641		07/04/11	Scottish National Open Championships	Glasgow	Carnegie	1
2:26.38	639		22/06/10	BG Scottish Nationals Open	Glasgow	Carnegie	1
2:26.42	639	H	29/05/10	Co Sunderland 2nd Open Meet	Sunderland	Carnegie	1
2:27.52	624	H	12/04/12	Eindhoven Swim Cup 2012	Eindhoven	Carnegie	1
2:27.66	623	H	06/08/10	British Gas Youth Champs	Sheffield	Carnegie	1
2:28.16	616		25/06/10	BG Scottish Nationals Open	Glasgow	Carnegie	1
2:28.29	615		25/06/10	BG Scottish Nationals Open	Glasgow	Carnegie	1
2:28.41	613	H	08/04/10	Scottish Nationals Meet	Glasgow	Carnegie	1
2:28.94	607		22/06/10	BG Scottish Nationals Open	Glasgow	Carnegie	1
2:30.31	590	F	30/01/10	Scottish Schools Champs	Tollcross	Carnegie	1
2:30.40	589	H	05/09/10	UK School Games 2010	Sunderland	Carnegie	1
2:30.64	586		12/04/09	Scottish National Age Grp	Edinburgh	Carnegie	1
2:31.67	574	H	26/07/09	British Gas Nat Age Grps	Sheffield	Carnegie	1
2:31.78	573		14/03/09	WISE International 2009	Swansea	Carnegie	1
2:31.93	572		31/01/09	Scottish Schools Champs	Glasgow	Carnegie	1
2:32.09	570		26/06/09	Scottish National Champs	Glasgow	Carnegie	1
2:33.86	550	H	23/05/09	Rotherham Metro LC Meet	Sheffield	Carnegie	1
2:34.54	543		13/02/09	Edinburgh International	Edinburgh	Carnegie	1
2:34.64	542	H	27/07/08	National Age Groups 2008	Sheffield	Carnegie	1
2:34.80	540	F	27/07/08	National Age Groups 2008	Sheffield	Carnegie	1
2:36.00	528		12/04/09	Scottish National Age Grp	Edinburgh	Carnegie	1
2:36.15	526		15/11/08	Potobello LC Prize Meet	Edinburgh	Carnegie	2
2:37.11	517	H	17/05/08	Rotherham Metro Open Meet	Sheffield	Carnegie	1
2:38.29	505		04/05/08	City of Glasgow Open Meet	Glasgow	Carnegie	2
2:39.56	493		10/04/08	Scottish Age Group Champs	Glasgow	Carnegie	1
2:40.16	488		10/04/08	Scottish Age Group Champs	Glasgow	Carnegie	1
2:41.34	477		31/05/08	East District Open Champs	Edinburgh	Carnegie	1
2:42.86	464		15/02/08	Edinburgh International	Edinburgh	Carnegie	1
2:48.44	419		26/05/07	City of Glasgow Open Mt	Glasgow	Carnegie	1
2:49.41	412		28/06/07	Scottish National Open	Glasgow	Carnegie	1

2:57.69 357 21/01/07 East District Time Trial Edinburgh Carnegie

1

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2:18.20	760	S	05/08/14	BG ASA Youth & MC Championships 2014	Sheffield		1
2:19.84	733	H	05/08/14	BG ASA Youth & MC Championships 2014	Sheffield		1
2:17.37	773	F	27/06/14	Scottish Gas National Age Groups 2014	Aberdeen	Carnegie	1
2:21.00	715	H	27/06/14	Scottish Gas National Age Groups 2014	Aberdeen	Carnegie	1
2:18.13	761	F	31/05/14	North District SASA Grand Prix	Aberdeen	Carnegie	1
2:22.00	700	H	31/05/14	North District SASA Grand Prix	Aberdeen	Carnegie	1
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2:19.69	735	F	31/07/13	BG ASA National Youth Championships	Sheffield	Carnegie	1
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2:23.67	676	H	01/06/13	East District Open & Grand Prix Round 3	Edinburgh	Carnegie	1
2:19.34	741	F	12/04/13	SG National Age Group Championships	Edinburgh	Carnegie	1
2:23.16	683	H	12/04/13	SG National Age Group Championships	Edinburgh	Carnegie	1
2:22.20	697	H	07/03/13	British Gas International 2013	Leeds	Carnegie	1
2:23.73	675		02/02/13	East District Age Group Meet	Edinburgh	Carnegie	1
2:22.11	699		02/02/13	East District Age Group Meet	Edinburgh	Carnegie	1
2:22.06	699	H	17/11/12	W.I.S.E Schools International	Sunderland	Carnegie	1
2:22.92	687	H	20/10/12	Lincoln Vulcans SC LC Open Meet	Sheffield	Carnegie	1
2:21.89	702	S	17/07/12	BG ASA National Youth Championships 2012	Sheffield	Carnegie	1
2:22.13	698	H	17/07/12	BG ASA National Youth Championships 2012	Sheffield	Carnegie	1
2:18.98	747	F	29/06/12	SG National Open Championships 2012	Edinburgh	Carnegie	1
2:21.50	708	H	29/06/12	SG National Open Championships 2012	Edinburgh	Carnegie	1
2:21.77	704		02/06/12	SASA East District Open Championships	Edinburgh	Carnegie	1
2:19.33	741		02/06/12	SASA East District Open Championships	Edinburgh	Carnegie	1
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2:42.86	464		15/02/08	Edinburgh International	Edinburgh	Carnegie	1
2:49.41	412		28/06/07	Scottish National Open	Glasgow	Carnegie	1
2:48.44	419		26/05/07	City of Glasgow Open Mt	Glasgow	Carnegie	1
2:57.69	357		21/01/07	East District Time Trial	Edinburgh	Carnegie	1