

Individual Best Times (All Time)

Now Parry - (1490268) - Clwb Nofio Caernarfon - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:58.60	400	H	23/06/24	City of Leeds Summer Meet 2024	Leeds	Caernarfon	3
5:10.78	355	F	10/02/24	Swim Wales Regional Racing Series - North 2024	Liverpool		1

Swims in Date Order

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