

# Individual Best Times (All Time)

Lucy Trott - (1488360) - Soundwell SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:09.95	437	F	20/04/24	SE SWR Summer Championships 2024	Bristol		1
5:13.54	423	F	10/03/24	City of Swansea Aquatics Spring LC Open Meet 2024	Swansea		1
5:21.50	392	F	07/08/23	Swim Wales Summer Open 2023	Swansea		1
5:22.07	390	F	16/01/24	Gloucester County ASA Swimming Championships 2024	Bristol		1
5:34.03	349	F	01/04/23	City Of Bristol L1 International Open Meet 2023	Hengrove Park		1
5:37.88	338	F	17/01/23	Gloucestershire County Swimming Championships 2023	Bristol		1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:09.95	437	F	20/04/24	SE SWR Summer Championships 2024	Bristol		1
5:13.54	423	F	10/03/24	City of Swansea Aquatics Spring LC Open Meet 2024	Swansea		1
5:22.07	390	F	16/01/24	Gloucester County ASA Swimming Championships 2024	Bristol		1
5:21.50	392	F	07/08/23	Swim Wales Summer Open 2023	Swansea		1
5:34.03	349	F	01/04/23	City Of Bristol L1 International Open Meet 2023	Hengrove Park		1
5:37.88	338	F	17/01/23	Gloucestershire County Swimming Championships 2023	Bristol		1