

Individual Best Times (All Time)

Lucy Trott - (1488360) - Soundwell SC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:50.12	437	F	27/04/24	SE SWR Summer Championships 2024	Millfield		1
5:55.10	419	F	07/04/24	City of Bristol L1 International Open Meet 2024	Bristol		1
5:59.37	404	F	09/03/24	City of Swansea Aquatics Spring LC Open Meet 2024	Swansea		1
6:00.06	402	F	14/01/24	Gloucester County ASA Swimming Championships 2024	Bristol		1
6:06.12	382	F	03/08/23	Swim Wales Summer Open 2023	Swansea		1
6:12.85	362	F	13/05/23	SE South West Summer Regional Championships 2023	Hengrove		1
6:16.82	351	F	02/04/23	City Of Bristol L1 International Open Meet 2023	Hengrove Park		1
6:28.92	319	F	15/01/23	Gloucestershire County Swimming Championships 2023	Bristol		1

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