

# Individual Best Times (All Time)

Zac Krol - (1486297) - Atlantis Swimming Club - 400 Individual Medley - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
7:23.13	163	F	23/07/22	NUEL SC End of Season Open Meet 2022	London Aquatics Cntr		3

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