

Individual Best Times (All Time)

Myles Paul - (1485454) - Worthing Swimming Club - 400 Freestyle - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:50.52	434	F	15/06/24	Crawley Summer Splash L3 Gala 2024	Crawley		3

Swims in Date Order

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