

# Individual Best Times (All Time)

Myles Paul - (1485454) - Worthing Swimming Club - 50 Backstroke - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
35.89	282	F	15/07/23	Rushmoor Royals End of Season LC L3 Open Meet 2023	Aldershot		3

Swims in Date Order

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