

Individual Best Times (All Time)

Emelia Cox - (1482752) - Carlisle Aquatics - 100 Backstroke - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:21.48	348	H	16/03/24	Richmond Dales ASC April Fool Gala 2024	Leeds	Carlisle Aq	3

Swims in Date Order

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