

# Individual Best Times (All Time)

Milana Melinyte - (1479797) - West Norfolk Swimming Club - 400 Individual Medley - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
7:08.33	239	F	02/03/24	City of Norwich March LC Open Meet 2024	Norwich		3

## Swims in Date Order

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