

Individual Best Times (All Time)

Sofia Stephenson - (1479219) - City of Sunderland ASC - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|------------|-----------------|-------|
| 1:12.40 | 496 | F | 14/04/24 | City of Sunderland National Qualifier 2024 | Sunderland | Co Sund'land | 1 |
| 1:12.66 | 491 | H | 14/04/24 | City of Sunderland National Qualifier 2024 | Sunderland | Co Sund'land | 1 |
| 1:12.77 | 488 | H | 27/04/24 | SE North East Regional Age Group Championships | Leeds | Co Sund'land | 1 |
| 1:13.02 | 483 | F | 27/04/24 | SE North East Regional Age Group Championships | Leeds | Co Sund'land | 1 |
| 1:13.69 | 470 | H | 17/02/24 | Northumberland & Durham SA County Championships 24 | Sunderland | Co Sund'land | 1 |
| 1:13.83 | 468 | H | 21/01/24 | City of Sunderland ASC New Year Meet 2024 | Sunderland | Co Sund'land | 1 |
| 1:14.13 | 462 | F | 17/02/24 | Northumberland & Durham SA County Championships 24 | Sunderland | Co Sund'land | 1 |
| 1:17.47 | 405 | H | 01/04/23 | City of Sunderland National Qualifier Meet 2023 | Sunderland | Co Sund'land | 1 |
| 1:17.90 | 398 | H | 04/02/23 | Northumberland & Durham County Championships 2023 | Sunderland | Co Sund'land | 1 |
| 1:17.90 | 398 | H | 04/02/23 | Northumberland & Durham County Championships 2023 | Sunderland | Co Sund'land | 1 |
| 1:18.27 | 392 | F | 04/02/23 | Northumberland & Durham County Championships 2023 | Sunderland | Co Sund'land | 1 |
| 1:18.27 | 392 | F | 04/02/23 | Northumberland & Durham County Championships 2023 | Sunderland | Co Sund'land | 1 |
| 1:18.35 | 391 | H | 26/03/23 | City of Sheffield SS Premier Open Meet 2023 | Sheffield | Co Sund'land | 1 |
| 1:18.66 | 387 | H | 02/07/23 | City of Sunderland ASC Summer Splash 2023 | Sunderland | Co Sund'land | 3 |
| 1:18.86 | 384 | H | 29/01/23 | City of Sunderland SC New Year Meet 2023 | Sunderland | Co Sund'land | 1 |
| 1:21.30 | 350 | H | 02/07/22 | City of Sunderland ASC Summer Splash 2022 | Sunderland | Co Sund'land | 3 |
| 1:23.39 | 324 | H | 02/04/22 | City of Sunderland ASC National Qualifier 2022 | Sunderland | Co Sund'land | 1 |
| 1:26.70 | 289 | H | 23/04/22 | SE North East Region Age Group Championships 2022 | Leeds | Co Sund'land | 1 |
| 1:27.54 | 280 | H | 23/01/22 | City of Sunderland ASC New Year Meet 2022 | Sunderland | Co Sund'land | 1 |

Swims in Date Order

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|---------|--------|-------|----------|--|------------|-----------------|-------|
| 1:13.02 | 483 | F | 27/04/24 | SE North East Regional Age Group Championships | Leeds | Co Sund'land | 1 |
| 1:12.77 | 488 | H | 27/04/24 | SE North East Regional Age Group Championships | Leeds | Co Sund'land | 1 |
| 1:12.40 | 496 | F | 14/04/24 | City of Sunderland National Qualifier 2024 | Sunderland | Co Sund'land | 1 |
| 1:12.66 | 491 | H | 14/04/24 | City of Sunderland National Qualifier 2024 | Sunderland | Co Sund'land | 1 |

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| 1:14.13 | 462 | F | 17/02/24 | Northumberland & Durham SA County Championships 24 | Sunderland | Co Sund'land | 1 |
| 1:13.69 | 470 | H | 17/02/24 | Northumberland & Durham SA County Championships 24 | Sunderland | Co Sund'land | 1 |
| 1:13.83 | 468 | H | 21/01/24 | City of Sunderland ASC New Year Meet 2024 | Sunderland | Co Sund'land | 1 |
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| 1:18.27 | 392 | F | 04/02/23 | Northumberland & Durham County Championships 2023 | Sunderland | Co Sund'land | 1 |
| 1:18.27 | 392 | F | 04/02/23 | Northumberland & Durham County Championships 2023 | Sunderland | Co Sund'land | 1 |
| 1:17.90 | 398 | H | 04/02/23 | Northumberland & Durham County Championships 2023 | Sunderland | Co Sund'land | 1 |
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