

Individual Best Times (All Time)

Sofia Stephenson - (1479219) - City of Sunderland ASC - 50 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.26	525	F	18/02/24	Northumberland & Durham SA County Championships 24	Sunderland	Co Sund'land	1
29.36	520	F	28/04/24	SE North East Regional Age Group Championships	Leeds	Co Sund'land	1
29.38	518	H	18/02/24	Northumberland & Durham SA County Championships 24	Sunderland	Co Sund'land	1
29.38	518	H	28/04/24	SE North East Regional Age Group Championships	Leeds	Co Sund'land	1
29.57	509	H	20/01/24	City of Sunderland ASC New Year Meet 2024	Sunderland	Co Sund'land	1
29.87	493	F	05/02/23	Northumberland & Durham County Championships 2023	Sunderland	Co Sund'land	1
29.87	493	F	05/02/23	Northumberland & Durham County Championships 2023	Sunderland	Co Sund'land	1
30.00	487	H	02/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	Co Sund'land	3
30.10	482	H	01/04/23	City of Sunderland National Qualifier Meet 2023	Sunderland	Co Sund'land	1
30.16	479	H	26/03/23	City of Sheffield SS Premier Open Meet 2023	Sheffield	Co Sund'land	1
30.16	479	F	23/04/23	SE NE Region Age Group Championships (50m) 2023	Sunderland	Co Sund'land	1
30.19	478	H	05/02/23	Northumberland & Durham County Championships 2023	Sunderland	Co Sund'land	1
30.19	478	H	05/02/23	Northumberland & Durham County Championships 2023	Sunderland	Co Sund'land	1
30.34	471	H	28/01/23	City of Sunderland SC New Year Meet 2023	Sunderland	Co Sund'land	1
30.36	470	H	23/04/23	SE NE Region Age Group Championships (50m) 2023	Sunderland	Co Sund'land	1
30.90	446	H	02/07/22	City of Sunderland ASC Summer Splash 2022	Sunderland	Co Sund'land	3
31.56	418	H	24/04/22	SE North East Region Age Group Championships 2022	Leeds	Co Sund'land	1
31.92	404	H	13/02/22	Northumberland & Durham SA County Championships 22	Sunderland	Co Sund'land	1
32.13	396	F	13/02/22	Northumberland & Durham SA County Championships 22	Sunderland	Co Sund'land	1
32.59	380	H	22/01/22	City of Sunderland ASC New Year Meet 2022	Sunderland	Co Sund'land	1
33.33	355	H	25/07/21	SENE & NDSA Summer Racing Series	Sunderland Aquatic C	Co Sund'land	1
48.07	118	H	13/07/19	Richmond Dales Summer Madness Gala 2019	Leeds	Co Sund'land	3

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